



“I hope to gain greater cultural awareness, an engaging challenge and hopefully a successful and sustainable health systems development program. Having the support and expertise within the Coady Institute is incredibly encouraging.”

Adam Beaudoin

Queen's University

Rarotonga, Cook Islands

I am working with clinicians in the Cook Islands to design a motivational interviewing program to improve the diabetic community's health status and quality of life. I will also work with the health promotions unit to design health behaviour campaigns and complete message framing knowledge transfer.

Following a chance meeting during a previous trip to the Cook Islands, I collaborated with the country's health unit to create a smoking cessation program that has subsequently grown to more than 1,000 homes on Rarotonga and is expanding to the outer islands. I have since remained in contact with key bureaucrats in the Ministry of Health, exploring possibilities for further partnership.

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